
Module #1 – Mindset

1) Purge all the reasons that hinder you from stepping in front of the camera.

Awesome!! Just writing all your blocks & insecurities down is so healthy & a wonderful stepping-stone!

2) Now, list all of your amazing qualities. What do friends, family & clients gush about you?

These are all the reasons people want to see your smiling face 😊

3) Now, let's talk about your WHY. Why do you want to be successful? You MUST have a big enough WHY to push back all the doubts!!

If you need to keep writing go for it!! Brainstorm!!